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GOD'S ANSWER TO ANXIETY

Why Do We Worry?

Psalm 37:1-11

THREE BASIC CAUSES OF ANXIETY:

1. _____.

"Do not fret because of evildoers, nor be envious of the workers of iniquity." (Psalm 37:1)

"I was envious of the boastful, when I saw the prosperity of the wicked." (Psalm 73:3)

2. _____.

"...Do not fret because of him who prospers in his way, because of the man who brings wicked schemes to pass." (Psalm 37:7)

"Now Martha said to Jesus, "Lord, if You had been here, my brother would not have died."(John 11:21)

"Is this Naomi?" But she said to them, "Do not call me Naomi; call me Mara, for the Almighty has dealt very bitterly with me. I went out full, and the LORD has brought me home again empty. Why do you call me Naomi, since the LORD has testified against me, and the Almighty has afflicted me?" (Ruth 1:19-21)

"How long, O Lord, must I call for help? But you do not listen! 'Violence is everywhere!' I cry, but you do not come to save. Must I forever see these evil deeds? Why must I watch all this misery? Wherever I look, I see destruction and violence. I am surrounded by people who love to argue and fight. The law has become paralyzed, and there is no justice in the courts. The wicked far outnumber the righteous, so that justice has become perverted." (Habakkuk 1:2-4 NLT)

3. _____.

The Lord replied, "Look around at the nations; look and be amazed! For I am doing something in your own day, something you wouldn't believe even if someone told you about it. I am raising up the Babylonians, a cruel and violent people." (Habakkuk 1:5-6 NLT)

"Rest in the LORD, and wait patiently for Him..." (Psalm 37:7)

Unless otherwise noted, all scripture references are taken from the New King James Version of the Bible